# **EXAMINING BOATING AND FISHING SAFETY**

**LESSON NRES D2-3** 

## **Anticipated Problems**

- 1. What is the difference between commercial fishing and sport fishing?
- 2. What are some legal regulations regarding fishing and boating?
- 3. How do I safely bait a hook?
- 4. What are some ways equipment can be used safely? How can animals be handled safely when fishing?
- 5. What are some common causes of accidents when boating?

#### **Terms**

- Anchor
- Barb
- Chest waders
- Commercial fishing
- Drowning
- Emergencies

- Fishing hook
- Fishing license
- Fishing season
- Hypothermia
- Personal flotation device (Pfd)
- Sport fishing

## **Fishing**

 Fishing involves capturing fish by using seines, nets, or hooks. Fishing can be an occupation or a leisure-time activity.

## **Commercial Fishing**

- **Commercial fishing** is capturing wild fish from oceans and inland waters for use as human food and in making other products.
  - Caught in large quantities
  - Marketed fresh, canned, or frozen
  - Used for fish oil, fertilizer, and pet food

## **Commercial Fishing**

- Practically all commercial fishers operate from boats that range in size from a 14 foot flat bottom boat to diesel-powered boats more than 100 feet long.
  - Strenuous and demanding career
  - The work includes many dangers
  - Bad weather is a serious threat in large bodies of water.

## **Sport Fishing**

- Sport fishing is capturing fish for relaxation and enjoyment.
  - On a quiet creek
  - In holes such as ice fishing
  - In bass tournaments



## **Sport Fishing**

- The fish caught by sport fishers are often eaten at home or released back into the water. Some equipment used when sport fishing may include:
  - A simple pole with line and hook
  - A more sophisticated rod and reel or fly rod

## **Legal Regulations**

- All kinds of fishing are regulated by state and federal laws. These laws are often designed to prevent the depletion of the fish population.
  - Some species of fish are restricted to being caught.
  - Size and the number of fish caught are often regulated.
  - A fishing season is set for some species of fish.
  - Fishing equipment and licenses are needed for fishing.

## **Species of Fish are Restricted**

- Some fish species cannot be caught during certain times of the year.
- There are many types that cannot be caught at all.
- It is important to be extremely careful when catching unfamiliar fish. If you do not know the species, it is best to release it back into the water.

## Size & Number of Fish Regulated

- Some fish caught are too small to meet regulations for that species.
- Sometimes the number of fish caught may be limited. (to protect fish populations)
- Some regulations may combine size and number together.

## **Fishing Season**

- A *fishing season* is the time of the year when it is legal to catch a particular species of fish.
  - Example: trout fishing the season may run between set dates in April and August
  - Always know where you are fishing

## Fishing Equipment & Licenses

- There are some types of equipment designed to catch large numbers of fish with leaving an adequate population in the water.
  - Nets and seines are often used.
  - Nets have often been sued to deplete the fish population in rivers, and in some places, are illegal.

## Fishing Equipment & Licenses

• Fishers must have a fishing license. A *fishing license* is a small piece of paper that an individual must purchase in order to catch certain species of fish from natural water areas.

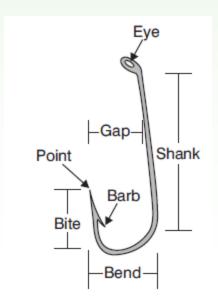


## **Fishing Licenses**

- The monies paid for fishing licenses go toward research programs to improve the quality of fish.
- A limited entry program may be used for commercial fishers.
- This requires a more costly fishing license that can be carefully controlled.

## **Fishing Hook**

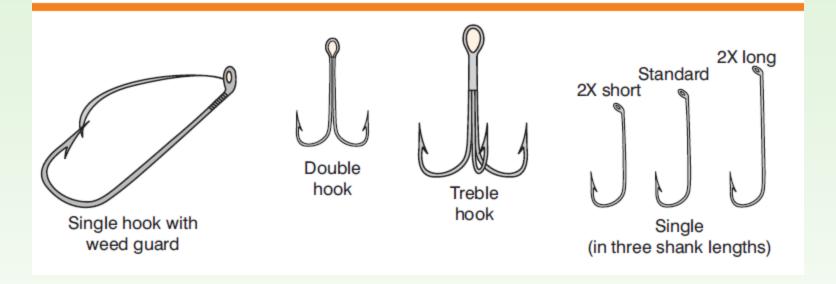
- The simplest tackle is a line with a sharp hook on one end and a pole attached to the other end.
  - The hook can be a dangerous piece of equipment.



## **Fishing Hook**

- A *fishing hook* is a curved piece of metal for holding bait and sticking into and holding fish.
  - Vary in size and design
  - Can have two, three, and even four points
  - Kind of hook needed depends on the species and size of fish desired to be caught.

#### **COMMON KINDS OF HOOKS**



#### **IMPROVED CINCH KNOT FOR HOOKS**



#### **Barb**

 Most hooks have a barb that ensures that the hook is "set" and does not release from the fish.



## **Baiting a Hook: Avoiding Injury**

- A hook must be securely tied before baiting.
- When holding the hook, grasp it with your fingers on the shank section.
- A rubber worm can be carefully inserted by starting the mouth on the point and gently sliding the worm on.
- Always keep unused hooks in an appropriate tackle box or other approved container.

## **Fishing Injuries**

- There are many ways injuries can occur when fishing from related equipment and animals.
  - Equipment pose hazards to a sport fisher.
  - Fish and other aquatic animals can inflict wounds.

## **Fishing Injuries: Fish**

- Many fish have sharp spines and fins that can puncture your skin. (wear gloves)
- Many saltwater species can bite and create severe wounds. (A trained angler can help)
- Fish that have been caught should be placed in a proper container.
- Be aware that other animals inhabit the waters such as snakes and turtles. (some are poisonous or bite)

## **Responsible Boaters**

 Responsible boaters should know how to avoid dangers when on the water, however, sometimes accidents occur.



## **Boating Accidents**

- Examples of the causes of accidents:
  - Do not overload the carrying capacity of the boat.
     The weight should be distributed evenly.
  - Do not use alcohol or drugs.
  - Never stand up in a boat.
  - Always check weather patterns first.



## **Boating Accidents**

- Always know the equipment you are working with.
   Use the correct equipment the right way.
  - Remember to never anchor the boat from the stern.
  - An anchor is a heavy object lowered by line into the bottom of a body of water to prevent a boat from drifting.

## **Boating Accidents**

 Use personal flotation devices (PFD) correctly and at all times. A *personal floatation device* is a piece of life-saving equipment worn in water

related sports such as boating.



## **Boating Emergencies**

- In case of boating *emergencies*, or sudden unexpected occurrences demanding immediate attention, boaters should know the proper precautions.
- The two major dangers around water are drowning and hypothermia.

## **Drowning**

- To prevent the suffocation and inhalation of water, known as *drowning*, every person should have and wear a PFD with proper safety ratings.
  - If someone in the water needs help, you can throw them a PFD.



## **Equipment to Carry**

- Every boat operator should have
  - Paddles
  - Bailing bucket
  - Small tool kit
  - Repair parts
  - Fire extinguisher

- Anchor and rope
- Flares
- First aid kit
- Rope
- Net or bungi cord

## **Hypothermia**

- Hypothermia can start in wet conditions such as rain, snow, or sleet. Sweating or even humidity in the air can chill you and reduce your body heat.
- Hypothermia is the silent killer that takes the heat from your inner body, and otherwise lowers your body temperature.

## HYPOTHERMIA SYMPTOMS AND FIRST AID

	Symptoms	First Aid
MILD	<ul> <li>shivering</li> <li>complaints of cold</li> <li>loss of coordination</li> <li>mental withdrawal and apathy</li> </ul>	<ul> <li>end exposure-get victim out of cold and wet</li> <li>replace wet clothing with dry and add insulation and warm environment</li> <li>offer warm liquids and food only if victim is conscious</li> </ul>
MODERATE	<ul> <li>mental confusion, refusal to recognize problem</li> <li>uncontrollable shivering</li> <li>slurred speech</li> <li>stumbling</li> </ul>	<ul> <li>get out of wet, windy weather into dry and warm</li> <li>change into dry clothes and wrap into blankets or sleeping bag</li> </ul>
SEVERE	<ul> <li>unresponsiveness</li> <li>decreased pulse and respiration</li> <li>shivering stops</li> <li>physical collapse</li> </ul>	<ul> <li>treatment should be attempted only if victim cannot be promptly evacuated to a hospital</li> <li>deliver warmth to head and trunk of the body</li> </ul>

#### **Review**

- 1. Compare and contrast commerical fishing with sport fishing.
- 2. Are the regulations for fishing at the state or federal level? Name two regulations.
- 3. What is the purpose of a fishing license?
- 4. Name an injury that may result from fish itself.
- 5. What are other hazards that result from lack of responsibility on the boat operator?